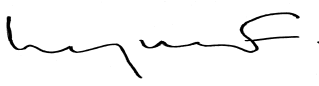


Coversheet for Network Site Specific Group Agreed Documentation

Document Title	Guideline for the use of Complementary Therapies in Cancer Care
Document Date	June 2010
Document Purpose	<p>To clarify the following:</p> <ul style="list-style-type: none"> • The clearance required by complementary therapy practitioners before practising on NHS premises. • The qualifications required by complementary therapy practitioners practising on NHS premises. • Written information for patients. • Informed consent for complementary therapies. • The sterility and safety of equipment and toxicity of substances used by the complementary therapy practitioners endorsed or cited in network patient information but who do not practice on NHS premises.
Authors	Lynn Field – Nurse Director Lara Barnish – Deputy Nurse Director
References	N/A
Consultation Process	Meeting with representatives held on 12 May 2010
Review Date (must be within three years)	July 2013
Approval Signatures: Network Site Specific Group Clinical Chair	
Date Approved by Network Governance Committee 26 / 07 / 2010	

Guideline for the Use of Complementary Therapies in Cancer Care

Version History

Version	Date	Summary of Change/Process
0.1	08.04.10	Drafted for discussion at the complementary therapies workshop on 12 th May
0.2	Following the workshop	Will be for consultation via (and including) the SPC NSSG and the Lead Nurses and Managers. To be forwarded to complementary therapy practitioners in individual organisations for comment. Also circulated to Tatyana Guveli and Gina Dutton.
1.0	26.07.10	Agreed at Governance Sub Group with minor layout changes

1.0 Scope of the Guideline

This guidance has been produced to support the following:

- a) The clearance required by complementary therapy practitioners (**'therapists'**) before practising on NHS premises.
- b) The qualifications required by therapists practising on NHS premises.
- c) Written information for patients.
- d) Informed consent for complementary therapies.
- e) The sterility and safety of equipment and toxicity of substances used by the therapists endorsed or cited in network patient information but who do not practice on NHS premises.

2.0 Guideline Background

2.1 These guidelines set out the clinical governance requirements for therapists and organisations providing complementary therapies for adults with cancer.

2.2 The guidelines refer to therapists who:

- are employed by the NHS
- are employed by another organisation
- work in a voluntary capacity
- are endorsed and cited in the patient information of Pan Birmingham Cancer Network

2.3 The guidelines apply to activity in NHS premises which include: hospitals, community health centres, NHS owned GP premises, charity run hospices, NHS owned hospices. Privately owned GP premises are excluded.

2.4 The guidelines refer to the therapies listed in *Appendix 1*

3.0 Guideline Statements

The following should be applied when patients are offered complementary therapy from therapists working in NHS premises AND those therapists who are cited in Network patient information.

Trusts should apply the following:

3.1 Clearance of Complementary Therapy Practitioners Practising in NHS and Hospice Premises.

3.2 Clearance of therapists *who are employed* within the NHS.

The employment policy for these staff should include:

- a) Clearance for working with vulnerable adults (and children where necessary) and Criminal Records Bureau clearance.
- b) Agreement to adhere to the Trust policies and procedures
- c) Possession of professional indemnity insurance.

3.3 Clearance of therapists *who are volunteers or self employed*.

These staff should have the same clearances listed in 3.1 from an NHS Human Resources Department or an organisation whose volunteer recruitment policy covers these issues in accordance with the provider organisation's recruitment policies.

3.4 The provider organisation must keep an up to date register of complementary therapists who meet these criteria and who are working on their premises.

4.0 Qualifications

4.1 All therapists working in the NHS should provide written evidence of a qualification of their area of practice

4.2 As patients with cancer have complex needs therapists should be able to demonstrate knowledge and expertise in the care of these patients. A minimum of one year's post qualification experience in their area of practice is recommended where therapists do not have any prior experience of caring for cancer patients.

4.3 The therapist must be registered with the professional body for their area of practise.

4.4 Where therapists have no written qualification, the provider organisation should decide if it is acceptable for them to work in their (the provider organisation's) premises.

5.0 Written Information for Patients

5.1 All patients being offered complementary therapies should be offered written information which includes:

- a) A statement to the effect that their therapy is not an alternative method of tumour reduction to the conventional therapies.
- b) A statement that the therapy does not promise a cure.
- c) A description of what undergoing the therapy entails for the patient.
- d) If relevant, the arrangements (in terms of times of day, place and length of therapy or number of treatments/ consultations) under which the therapy would be offered as a private, paid for therapy, as opposed to a free-of-charge provision.
- e) A statement of their Network-agreed qualification or a declaration that they do not possess such a qualification.

5.2 Written information must not advertise the therapist's private practice

6.0 Informed Consent

Practitioners should provide a written consent form allowing the patient to confirm that they have received and understood at least the information itemised in section 5, and then have agreed to the therapy.

7.0 Practitioners Who are Cited in Patient Information but Who Do Not Practise on NHS Premises Should Comply with The Following As Well As Complying with Items 3 - 6 Listed Above

7.1 Materials

Therapists must adhere to any guidance on toxicity of substances contra- indicated for patients with cancer advised by their code of professional conduct and professional indemnity insurance.

7.2 Equipment

Therapists who use their own equipment must ensure that their equipment meets European CE standards. The equipment must be maintained in accordance with the manufacturer's recommendations.

7.3 Equipment must be cleaned using disinfectant wipes and dried thoroughly between patients or the equipment must be protected with disposable covers which are changed between patients.

Therapists working in CQC inspected premises are exempt from the items listed in 7.0

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Approval Date of the Governance Committee

Date: July 2010

Approval Signatures

Pan Birmingham Cancer Network Governance Committee Chair

Name: Doug Wulff

Signature: 

Date: July 2010

Pan Birmingham Cancer Network Manager

Name: Karen Metcalf

Signature: 

Date: July 2010

Appendix One: CNHC Registered Therapies

The therapies listed here include

- Those currently eligible for entry onto the Complementary and Natural Healthcare Council (CNHC) register
- Those currently **ineligible** for entry onto the CNHC register

This division is to account for therapies listed in the measures which are not currently eligible for entry to the CHNC register but where they are included in National Cancer Patient Information Pathways (through recommendations for professional bodies). Those currently in this category are:

- Hypnotherapy
- Microsystems acupuncture
- Healing

Therapies currently *eligible* for entry onto the CNHC register

The CNHC states that for these therapies, complementary therapists must hold qualifications from one of the following organisations.

Massage, Nutritional Therapy, Aromatherapy, Reflexology, Shiatsu & Sports & Remedial Therapy	
Federation of Holistic Therapists (FHT)	www.fht.org.uk
Complementary Therapists' Association (CThA)	www.complementary.assoc.org.uk
Massage only	
London & Country Society of Physiologists (LCSP)	www.lcsp.uk.com
Massage Training Institute (MTI)	www.massagetraining.co.uk
National Association of Massage & Manipulative Therapies (NAMMT)	www.nammt.co.uk
Scottish Massage Therapists Organisation (SMTO)	www.scotmass.co.uk
Association of Holistic Biodynamic Massage Therapists (AHBMT)	www.ahbmt.org
Aromatherapy only	
International Federation of Professional Aromatherapists (IFPA)	www.ifparoma.org
International Holistic Aromatherapy Foundation (IHAF)	www.ihaf.co.uk
Reflexology only	
Association of Reflexologists (AoR)	www.aor.org.uk
British Reflexology Association (BRA)	www.britreflex.co.uk
Northern Ireland Reflexology Institute	

Massage & Aromatherapy	
Aromatherapy & Allied Practitioners Association (AAPA)	www.aromatherapyuk.net
Aromatherapy & Reflexology	
Association of Physical & Natural Therapists (APNT)	www.apnt.org
Massage, Aromatherapy & Shiatsu	
Institute for Complementary & Natural Medicine (ICNM)	www.i-c-m.org.uk
Massage & Sports & Remedial Therapy	
Institute of Sport & Remedial Massage (ISRM)	www.theism.com
Sports Therapy Organisation (STO)	www.uksportstherapy.org.uk
Shiatsu only	
Zen Shiatsu Society (ZSS)	www.zen-shiatsu-society.co.uk
The Shiatsu Society	www.shiatusociety.org
Shiatsu International	www.shiatsu-international.com

Therapies currently *ineligible* for entry to the CNHC

Acupuncture	
BacC – British Acupuncture Council	www.acupuncture.org.uk
BMAS – British Medical Acupuncture Society	www.medical-acupuncture.co.uk
Healing	
National Federation of Spiritual Healers (now The Healing Trust)	www.thehealingtrust.org.uk
UK Healers	www.ukhealers.info/hh.htm
Homeopathy	
British Homeopathic Association and Faculty of Homeopathy	www.trusthomeopathy.org
The Society of Homeopaths	www.homeopathy-soh.org
Hypnotherapy	
The British Society of Clinical Hypnosis	www.bsclhyp.org.uk
Cambridge Register of Advanced Hypnotherapists	www.crah.co.uk
Relaxation and Visualisation	
These therapies are usually offered by therapists who are qualified in other disciplines such as counselling and hypnotherapy and so those qualifications and professional registrations must apply.	

There are two complementary therapy disciplines listed in the measures (Acupressure and Reiki) which do not currently have CNHC registration *nor* are there any recommended professional bodies listed for them in National Cancer Patient Information Pathways. The Network is not in a position to endorse qualifications or registration standards for complementary therapies independently and so the list of therapies included in the Network criteria will be reviewed in September 2013 and new therapies added as they receive CNHC registration.