

Metastatic Spinal Cord Compression (MSCC)

For
Patients



If you develop any symptoms listed on the back of this card please get advice immediately:

- **Contact the hospital team where you usually go for your cancer follow-up clinics, your GP or your Macmillan Nurse (or key worker).**
- **Describe your symptoms.**
- **Explain that you are worried that you may have spinal cord compression and that you need to be seen urgently.**
- **Show the health professional this card.**

Contact someone today even if it is a weekend or holiday period.

If you are unable to contact any of the above please visit your nearest A&E.

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Early Warning Signs of MSCC

For
Patients



Do not wait for further symptoms to develop. The earlier treatment takes place the more effective it is likely to be.

- **Back pain lasting more than 1-2 weeks. Pain may feel like a band around the chest or abdomen and can sometimes radiate over the lower back into the buttocks or legs.**
- **Numbness or pins and needles in toes, fingers or over buttocks.**
- **Feeling unsteady on feet, weakness, legs giving way, difficulty walking.**
- **Problems passing urine including difficulty controlling your bladder, or passing little or no urine.**
- **Problem controlling your bowels.**

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