

Guideline for referral of ultrasound detected Ovarian Cysts

Version 1
August 2012

1. Scope of guideline

This guideline has been produced to support the pathway of patients who have undergone an ultrasound scan which indicates the presence of ovarian cyst(s).

2. Guideline statements

- 2.1 The pathway in [appendix 1](#) demonstrates the process to follow for patients with ultrasound detected ovarian cysts. An electronic version of this guideline can be found here:
<http://www.birminghamcancer.nhs.uk/staff/clinical-guidelines/gynaecology>
- 2.2 The sonographer / radiologist should send the results of the scan and a copy of this guideline and flow chart (or an electronic link) to the referring clinician, who is responsible for acting on findings.
- 2.3 Patients diagnosed with ovarian cysts should be followed up as indicated in the flow chart attached at [appendix 1](#). Those in severe pain should be sent to A&E, the remainder will require further investigation (for example CA 125) according to the size of their cyst, and their menopausal status.
- 2.4 The responsibility for the onward referral of the patient lies with the clinician who requested the initial ovarian ultrasound scan.

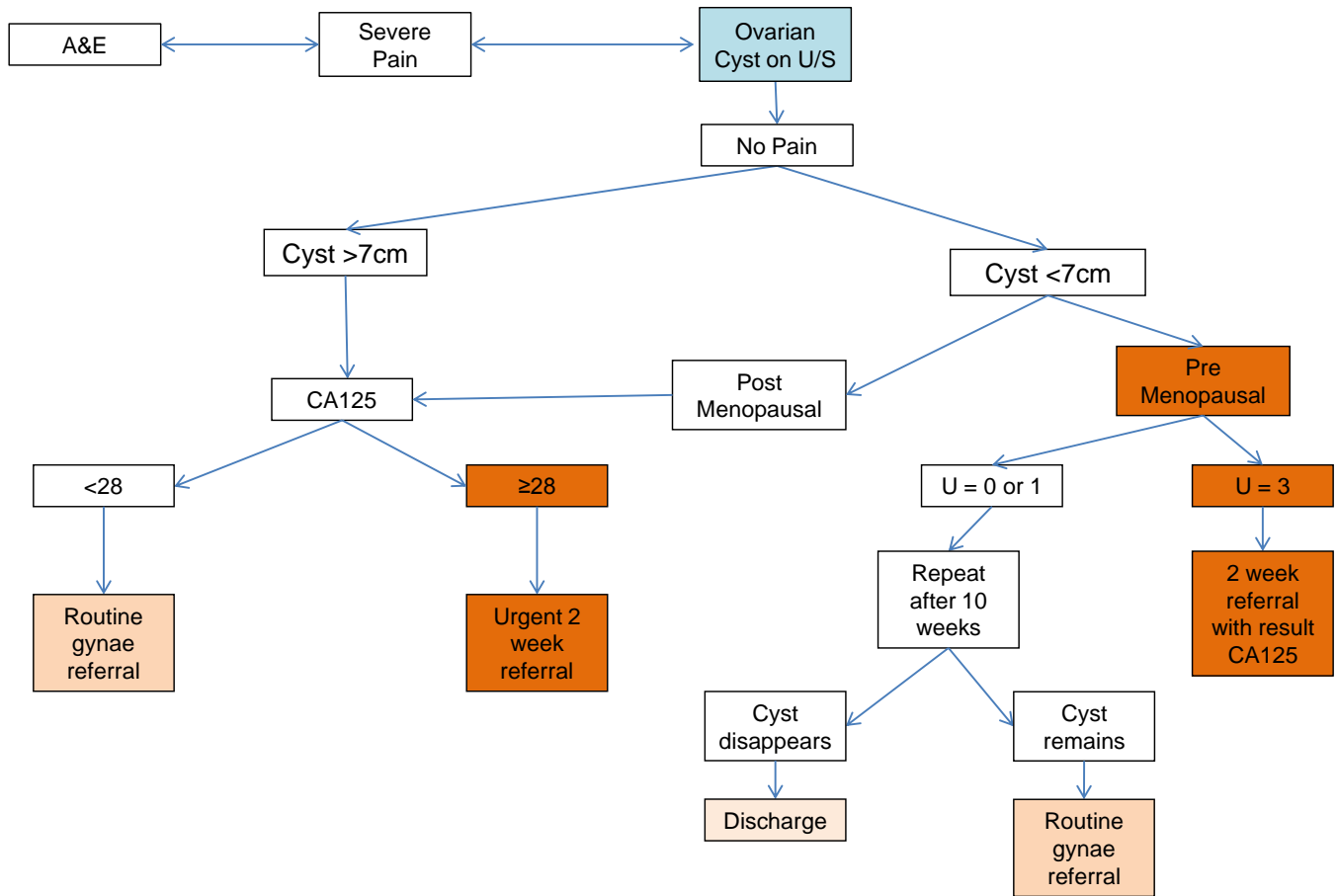
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4 This Guideline was approved by: PBCN Governance Committee Chair (Karen Deeny), the Network Manager (Karen Metcalf) and the Network Site Specific Group Chair (Suhail Anwar) in August 2012.



ENDORSED BY GOVERNANCE COMMITTEE

Appendix 1: flow chart for the management of patients with ovarian cysts detected on ultrasound.



U score of 1 or 3 is a measure of how complex the cyst looks and should be included on all ultrasound scan results.

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