

University Hospitals WES Birmingham

NHS Foundation Trust

Imagine if you couldn't feed yourself or your family through a sudden lack of income.

In partnership with The Trussell Trust and QEHB Charity we are working to collect food items from the list on the right, to support local people and patients in need.

If you can help, please leave your donation here.



- · Milk (UHT or powdered)
- · Sugar
- · Fruit juice (carton)
- · Pasta sauces
- · Tinned Sponge pudding
- · Tinned tomatoes
- · Tinned rice pudding
- · instant coffee
- · Instant mash potato
- · Tinned meat/fish
- · Tinned fruit
- · Jam
- · Snack bars

